

Hello Friendship Center Members

Thank you to everyone that was able to attend our Holiday Party - you made it a very special event!

We will be on Winter Break and centers will be CLOSED from December 24 to January 3.

Our Daly City center will be CLOSED for the month of January, while the kitchen has work done.

We wish you all a HAPPY HOLIDAYS and will see you in the NEW YEAR!



Valentine's Day Party

Friday, February 14

Belmont Friendship Center

11am - 2pm



Center Locations

TUESDAYS

Please note:
Centers are CLOSED at this location in January. The kitchen is having work done. When the space is ready, we will be back! Thank you for your understanding.

THURSDAYS

Fair Oaks Commons
2nd Floor
2821 El Camino Real
Redwood City, CA
11am - 2pm

FRIDAYS

Good Shepherd Hall
1300 5th Avenue
Belmont, CA
11am - 2pm



MHA

Mental Health Association
of San Mateo County

Empowering People to Create Their Best Life



650.722.7385











doralye@mhasmc.org



www.mhasmc.org

MHA Friendship Center January 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31 CLOSED New Year's Eve	1 CLOSED New Year's Day <i>Happy New Year!</i>	2 CLOSED	3 CLOSED	4
*** Winter Break: Centers are CLOSED from Dec 24 to Jan 3 ***						
5	6	7 CLOSED	8	9 Redwood City  11am - 2pm	10 Belmont  11am - 2pm	11
12	13	14 CLOSED	15 Lunch & Wellness (Residents Only) Cedar Apts 11am Casa Esperanza 1pm	16 Redwood City Balloon Volleyball  11am - 2pm	17 Belmont Coloring Contest  11am - 2pm	18
19	20	21 CLOSED	22 Lunch & Wellness (Residents Only) Belmont Apts 11am	23 Redwood City  11am - 2pm	24 Belmont Dominoes Tournament  11am - 2pm	25
26	27	28 CLOSED	29 Lunch & Wellness (Residents Only) Waverly Apts 11am	30 Redwood City Kings in the Corner  11am - 2pm	31 Belmont UNO  11am - 2pm	1

